Accept what is,
Let go of what was,
have faith in what will be.

Lord, help me to accept where I am in life right now, let me not linger in the past or hold on to things that I need to let go of… take my failures, my hurts, my regrets and toss them in to the sea. Give me faith Lord, to hope for tomorrow… to trust in your plan for me and to believe that I can become the person you designed and created me to be.
Amen