God is watching over you and will be your strength and peace.
How do I know?
I know because I have asked Him to.

Thank you, Lord, for your strength of purpose and peace of spirit. Thank you for your wisdom, your guidance and protection. Thank you for your unfailing love… your mercy and grace.
Thank you that when I am too soul weary to pray, I have assurances that someone is lifting me up in prayer with love and care.
Amen