I can do all things through Him who strengthens me.

Philippians 4:13

Lord, there are days when I feel strong and just need encouragement and strength to make it to the finish line. But there are other days when I don't feel I have the energy to open my eyes, let alone take on the day. Whatever the need Lord, be my strength. Flow through me and fill me with strength of purpose… guide and protect me.
Amen